

Lunch Menu, Swanson Intermediate Grades 3-5, April 2024

If you have any questions regarding our menu, please contact Auburn Food Services at 508-832-7722 x & x4122 or 4123 visit our website: <https://bit.ly/3gg3Jlk>

All Meals for 2022 – 2023 are FREE for ALL students! Plan for your students to take advantage of our great tasting and nutritious meals at school!!

Per the USDA school nutrition standards, students must take at least 3 items (food groups) as part of their breakfast and lunch with one item being fruit and for all students must

Remember to take 3 food groups and one must be a fruit or vegetable serving. Milk choices include FF White, 1% White and FF Chocolate.

Available Daily for Entrees

1. Hot Lunch Entrée
2. Garden Salad Box Vegetarian, Bagel Lunch, PBJ, Deli Sandwich
3. Chicken Patty **M-W-F** /Cheeseburger **T-TH**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Dogs Smiley Fries Assorted Fruit	2 Turkey Nachos Lettuce, Tomato, Salsa Black Bean & Corn Salad Assorted Fruit	3 Chicken Fajitas Corn Assorted Fruit	4 Turkey Kielbasa Mashed Potatoes Dinner Roll Corn Assorted Fruit	5 Pizza Side Salad Assorted Fruit
8 Pasta with Meat Sauce Broccoli Garlic Knot Assorted Fruit	9 Pizza Cruncher Marinara Sauce Side Salad Assorted Fruit	10 MCAS TESTING Turkey and Cheese Anytimer Or Chicken Patty Baby Carrots, Fruit, Milk offered	11 MCAS TESTING PB&J Uncrustable Or Hot Dog Celery Sticks, Fruit, Milk offered	12 Nardone Pizza French Fries Assorted Fruit
15 Vacation	16 Vacation	17 Vacation	18 Vacation	19 Vacation
22 Cheeseburger/Hamburger Green Beans Assorted Fruit	23 Chicken Lo Mein Noodles w/ Egg Roll Mixed Vegetables Assorted Fruit	24 Roasted Chicken Pieces Brown Rice Carrots Assorted Fruit	25 Breakfast Sandwiches Hashbrown Assorted Fruit	26 Cheese or BBQ Chicken Pizza Broccoli Assorted Fruit

29	30	May 1	2	3
Lasagna Roll Ups Broccoli Dinner Roll Assorted Fruit	Orange Chicken Brown Rice Carrots Fortune Cookie Assorted Fruit	Meatball Subs w/ Cheese Green Beans Assorted Fruit	Turkey Dill Patty Sandwich Baked Beans Assorted Fruit	Variety Pizza Side Salad Assorted Fruit

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Locally Grown Fresh Apples offered daily. Milk Choices: Fat Free White, 1% White, Fat Free Chocolate 8 oz.

Each day we offer a hot or cold lunch option. All Meals include Milk, Fruits and Vegetables. Water is also available. All students are offered sides and may be a cookie and chip option when offered.

Meals when offered will include nutritious legumes/beans. Nut free butters are also available.

Menu is subject to